R-4356 SFSP Nassau Meal Kit

Category: SFSP Meal Kits Serves: 1 (Meal Kit) HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Food Dye, Milk, Soy, Sunflower Oil, Wheat	None	None

PICKLIST

2 Bags of APPLES CHL SL 100/2 OZ PG, 2 Apples of APPLES FR G/S 36 LB CS, 2 medium (7" to 7-7/8" long)s of BANANAS,RAW, 1 Bowlpak of CEREAL APPLE JACKS REDUCED SUGAR, 1 Bowlpak of CEREAL BOWL LUCKY CHARMS, 1 Bowlpak of CEREAL BOWL PACK CINTOAST CN, 1 Bowlpak of CEREAL BOWL PACK COCOA PUFF, 1 Bowlpak of CEREAL CIN CHEX GLUTEN FREE, 1 Bowlpak of CEREAL FROOT LOOPS RED SUGAR, 1 Bowlpak of CEREAL FROSTED FLAKES MULTI GRAIN, 1 C of Chicken, Oven Roasted, 8 Piece, 7 Packs of CRACKERS, CHEEZ IT, 7 Pouches of CRAISINS STRAWBERRY CRAISINS, 1 Case of GRAPES CHL RED SDLS 1/18 LB CS, 14 Cartons of Milk, 1% low fat white, 2 1 medium (2-5/8" dia)s of ORANGES FR US#1, 88-138 CT 40 LB CS, 2 media of PEARS FR ANY US#1 100-150 CT 44 LB CS, 3 Sandwiches of SANDWICH JAMMER GRAPE, 3 Sticks of STRING CHEESE MOZARELLA, 1 40 LB C of TANGERINES FR 40 LB CS

#	INGREDIENTS	INSTRUCTIONS
1	7 x Cereal of Assorted Cereals	
	14 x Each of Fresh Fruit	
	14 x Carton of Milk, 1% low fat white	
	7 x Pack of CRACKERS, CHEEZ IT	
	7 x Pouch of CRAISINS STRAWBERRY CRAISINS	
	3 x Sandwich of SANDWICH JAMMER GRAPE	
	3 x Stick of STRING CHEESE MOZARELLA	
	4 x 3 oz Serving of Chicken, Oven Roasted, 8 Piece	

NUTRIENT	MEAL KIT
Calories	6370.27 kcals
Saturated Fat	60.09 g
Sodium	5639.40 mg
Total Carbohydrate	932.34 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Meal Kit	



F-2327 Oven Roasted Chicken

Category: BBQ Bar Protein Serves: 4 (3 oz Serving) HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

# INGREDIENTS	INSTRUCTIONS
1	Separate chicken pieces onto different pans: - Breasts - Thighs - Drumsticks/Wings **They may have different cook times depending on size.
2	COMBI-OVEN: 15-20 minutes at 375F, 50% moisture, from frozen. THEN, transfer to CONVECTION OVEN: 5-10 minutes at 375F to crisp. Use your best judgment. The skin should be gold/brown and crispy. Control Measures: After Cook 165, Start of Service Hot, End of Service Hot

NUTRIENT	3 OZ SERVING
Calories	160.00 kcals
Saturated Fat	3.00 g
Sodium	150.00 mg
Total Carbohydrate	0.00 g

 $^{^{1}}$ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
3 oz Serving	



R-3401 Assorted Cereals

Category: Breakfast Cold Items- Up to 2

Serves: 7 (Cereal)
HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Food Dye, Soy, Wheat	None	None

#	INGREDIENTS	INSTRUCTIONS
1	1 x Bowlpak of CEREAL FROOT LOOPS RED SUGAR	
	1 x Bowlpak of CEREAL BOWL LUCKY CHARMS	
	1 x Bowlpak of CEREAL BOWL PACK COCOA PUFF	
	$1\mathrm{x}$ Bowlpak of CEREAL BOWL PACK CINTOAST CN	
	$1\mathrm{x}$ Bowlpak of CEREAL FROSTED FLAKES MULTI GRAIN	
	1 x Bowlpak of CEREAL CIN CHEX GLUTEN FREE	
	1 x Bowlpak of CEREAL APPLE JACKS REDUCED SUGAR	

NUTRIENT	CEREAL
Calories	107.14 kcals
Saturated Fat	0.00 g
Sodium	166.43 mg
Total Carbohydrate	23.43 g

 $^{^{1}}$ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cereal	



D-3120 Cocoa Puffs

Category: Breakfast Cold Items- Up to 2



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Food Dye, Wheat	None	None

#	INGREDIENTS	INSTRUCTIONS
1	1 x Bowlpak of CEREAL BOWL PACK COCOA PUFF	

NUTRIENT	BOWLPAK
Calories	120.00 kcals
Saturated Fat	0.00 g
Sodium	125.00 mg
Total Carbohydrate	25.00 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bowlpak	



D-3121 Cinnamon Toast Crunch

Category: Breakfast Cold Items- Up to 2



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Soy, Wheat	None	None

#	INGREDIENTS	INSTRUCTIONS
1	1 x Bowlpak of CEREAL BOWL PACK CINTOAST CN	

NUTRIENT	BOWLPAK
Calories	110.00 kcals
Saturated Fat	0.00 g
Sodium	160.00 mg
Total Carbohydrate	22.00 g

 $^{^{1}}$ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bowlpak	



D-3287 Cinnamon Chex

Category: Breakfast Cold Items- Up to 2



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	BOWLPAK
Calories	110.00 kcals
Saturated Fat	0.00 g
Sodium	160.00 mg
Total Carbohydrate	23.00 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bowlpak	

D-3420 Apple Jacks

Category: Breakfast Cold Items- Up to 2



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Food Dye, Wheat	None	None

NUTRIENT	BOWLPAK
Calories	100.00 kcals
Saturated Fat	0.00 g
Sodium	160.00 mg
Total Carbohydrate	24.00 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bowlpak	

D-3119 Lucky Charms

Category: Breakfast Cold Items- Up to 2



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Food Dye	None	None

#	INGREDIENTS	INSTRUCTIONS
1	1 x Bowlpak of CEREAL BOWL LUCKY CHARMS	

NUTRIENT	BOWLPAK
Calories	110.00 kcals
Saturated Fat	0.00 g
Sodium	220.00 mg
Total Carbohydrate	22.00 g

 $^{^{1}}$ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bowlpak	



D-3272 Froot Loops

Category: Breakfast Cold Items- Up to 2



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Food Dye, Soy, Wheat	None	None

NUTRIENT	BOWLPAK
Calories	100.00 kcals
Saturated Fat	0.00 g
Sodium	170.00 mg
Total Carbohydrate	24.00 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bowlpak	

D-3314 Frosted Flakes

Category: Breakfast Cold Items- Up to 2



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Soy, Wheat	None	None

NUTRIENT	BOWLPAK
Calories	100.00 kcals
Saturated Fat	0.00 g
Sodium	170.00 mg
Total Carbohydrate	24.00 g

 $^{^{1}\,\}mathrm{Nutrient}\,\mathrm{components}\,\mathrm{missing}$

SERVING SIZE	MEAL CONTRIBUTION
Bowlpak	

R-4018 Fresh Fruit

Category: Fruits Serves: 14 (Each)

HACCP Process: Process #1 (No Cook)



ALLER	RGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None		None	None

#	INGREDIENTS	INSTRUCTIONS
1	2 x Bag of APPLES CHL SL 100/2 OZ PG	
	$2 \times medium (7" to 7-7/8" long) of BANANAS,RAW$	
	2 x Tangerine of TANGERINES FR 40 LB CS	
	2 x Apple of APPLES FR G/S 36 LB CS	
	$2 \times 1/2$ Cup Serving of GRAPES CHL RED SDLS $1/18$ LB CS	
	2×1 medium (2-5/8" dia) of ORANGES FR US#1, 88-138 CT 40 LB CS	
	2 x medium of PEARS FR ANY US#1 100-150 CT 44 LB CS	

NUTRIENT	EACH
Calories	63.59 kcals
Saturated Fat	0.04 g
Sodium	1.03 mg
Total Carbohydrate	16.38 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



9040 Banana

Category: Fruits

Serves: 2 (medium (7" to 7-7/8" long)) HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	$2 \times medium (7" to 7-7/8" long) of BANANAS,RAW$	Wash Bananas
2		Covid Serving: Wrap in saran wrap

NUTRIENT	MEDIUM (7" TO 7-7/8" LONG)
Calories	105.02 kcals
Saturated Fat	0.13 g
Sodium	1.18 mg
Total Carbohydrate	26.95 g

 $^{^{1}}$ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
medium (7" to 7-7/8" long)	



C-1029 Apple Slices

Category: Fruits Serves: 2 (Bag)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	2 x Bag of APPLES CHL SL 100/2 OZ PG	

NOTES

- 2 oz bag = 1/2 cup serving (USDA standards)
- 14 day shelf-life upon delivery
- UPC Code 8 82266 11002 6
- Storage temperatures: 34° 40° F

NUTRIENT	BAG
Calories	30.00 kcals
Saturated Fat	0.00 g
Sodium	0.00 mg
Total Carbohydrate	7.00 g

 $^{^{1}}$ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	



C-1172 Tangerine

Category: Fruits Serves: 2 (Tangerine) HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	TANGERINE
Calories	53.00 kcals
Saturated Fat	0.04 g
Sodium	2.00 mg
Total Carbohydrate	13.34 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Tangerine	

M-2 Milk, 1% Low Fat White

Category: Milk Serves: 14 (Carton)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

#	INGREDIENTS	INSTRUCTIONS
1	14 x Carton of Milk, 1% low fat white	Control Measures: Start of Service Cold, End of Service Cold

NOTES

35 per case

NUTRIENT	CARTON
Calories	110.00 kcals
Saturated Fat	1.50 g
Sodium	115.00 mg
Total Carbohydrate	12.00 g

 $^{^{1}}$ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Carton	





C-1071 Cheese Stick

Category: Breakfast Cold Items- Up to 2

Serves: 3 (Stick)
HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

#	INGREDIENTS	INSTRUCTIONS
1		
		Control Measures: Start of Service Cold, End of Service Cold

NOTES

1 oz cheese stick contributes 1 ma

NUTRIENT	STICK
Calories	80.00 kcals
Saturated Fat	3.50 g
Sodium	200.00 mg
Total Carbohydrate	0.00 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Stick	



F-2206 Grape Jammer

Category: Main Entree Serves: 3 (Sandwich) HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

#	INGREDIENTS	INSTRUCTIONS
1		SHELF LIFE: 12 months frozen For best results use within 48 hours after thawing.

NUTRIENT	SANDWICH
Calories	280.00 kcals
Saturated Fat	3.00 g
Sodium	200.00 mg
Total Carbohydrate	28.00 g

 $^{^{1}}$ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	

D-3035 Cheez-lt®

Category: Breakfast Cold Items- Up to 2

Serves: 7 (Pack)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

#	INGREDIENTS	INSTRUCTIONS
1	7 x Pack of CRACKERS, CHEEZ IT	Serve room temp

NUTRIENT	PACK
Calories	100.00 kcals
Saturated Fat	1.00 g
Sodium	150.00 mg
Total Carbohydrate	14.00 g

 $^{^{1}}$ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Pack	

